

Does marriage mean I will be trapped

Dear Charlotta,

I'm 30 years old and have been with my boyfriend for eight years. He recently asked me to marry him and I said yes.

Since then, I've started to doubt whether this was really the right thing to do.

The thought of spending the rest of my life with him should fill me with joy but I just feel trapped!

On the other hand, the idea of leaving him is very scary, but I don't want to end up marrying him and then resenting him later on.

I really don't know what to do, and would appreciate your advice.

Thank you for your time and I look forward to your reply.

Kim

Dear Kim,

I'll start with some prudent questions... What has caused you to stay with him until now?

Was it merely the proposal that caused you to feel trapped, and if so, is it about spending the rest of your life with him, or the rest of your life with anyone?

Perhaps his proposal woke you up from your comfort zone. In that case, is it about time you woke up?

I'm sure the idea of being single again after so many years of being part of a couple makes you feel scared at the idea of leaving him. But I'm guessing the idea of marrying the wrong man would be even more scary in the longer term?

You say you don't want to end up resenting him later on. This implies that it would be all his fault if you got married and then

regretted it.

Where does your responsibility lie? After all, it would be you getting into a marriage with doubts in the first place. Maybe this means that he's the one who should be resenting you rather than the other way around?

I think you need to ask yourself some strong questions and answer them honestly, not only for your own sake, but for your partner's as well. Surely you both deserve that?

Make your decision and stick with it. Remember that it is yours to make - you have the choices available to you.

Good luck and warm regards.

Charlotta

Enfield Independent agony aunt Charlotta Hughes answers your questions (c)



GOT A PROBLEM?

If you have a problem that you need answering, email the Independent's agony aunt Charlotta Hughes at charlotta@bemelifecoaching.com